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Tryout Itinerary – April 2009
Sporting Clube de Portugal

Updated July 7, 2009

Day 1	Sun, Apr 12	Departure
(6:15pm) Depart from Newark Airport (EWR) (overnight flight)		

Day 3	Mon, Apr 13	Arrival, Training, Sightseeing in Lisbon
(6:05am) Arrive at Lisbon Portela Airport (LIS) Transfer to Alcochete (20 minutes) east of Lisbon across the Vasco de Gama bridge on east bank of Rio Tejo Players Check-in at Academia Sporting Força! Training at Academia Sporting Lunch at Academia Sporting Sightseeing in Lisbon (out-of-pocket) (via Taxi and Ferry into Lisbon) Dinner in Lisbon area (out-of-pocket) Overnight at Academia Sporting		

Day 4	Tue, Apr 14	Training, Free-Time, Training
(7:30-9:00am) Breakfast at Academia Sporting (10:00am-12:00pm) Força! Training at Academia Sporting Attend Sporting 1st Team Training (1:00-2:00pm) Lunch at Academia Sporting Free-time (4:30-5:15pm) Snack (6:00pm) Training with Sporting Teams and Coaches (8:00-8:30pm) Dinner at Academia Sporting Overnight at Academia Sporting		

Day 5	Wed, Apr 15	Sightseeing Tour, Training
(7:30-9:00am) Breakfast at Academia Sporting Sintra & Estoril Coast Tour, or Sesimbra & Arrábida Tour (4 hours) Lunch en route (out-of-pocket) (4:30-5:15pm) Snack (6:00pm) Training with Sporting Teams and Coaches (8:00-8:30pm) Dinner at Academia Sporting Overnight at Academia Sporting		

Day 6	Thu, Apr 16	Training, Free-Time, Training
(7:30-9:00am) Breakfast at Academia Sporting (10:00am-12:00pm) Força! Training at Academia Sporting Attend Sporting 1st Team Training (1:00-2:00pm) Lunch at Academia Sporting Free-time (4:30-5:15pm) Snack (6:00pm) Training with Sporting Teams and Coaches (8:00-8:30pm) Dinner at Academia Sporting Overnight at Academia Sporting		

Day 7	Fri, Apr 17	Training, Shopping, Training
(7:30-9:00am) Breakfast at Academia Sporting (10:00am-12:00pm) Força! Training at Academia Sporting Attend Sporting 1st Team Training		





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(1:00-2:00pm) Lunch at Academia Sporting
 Shopping at Mall in Montijo or Alcochete (via Taxi)
 (4:30-5:15pm) Snack
 (6:00pm) Training with Sporting Teams and Coaches
 (8:00-8:30pm) Dinner at Academia Sporting
 Overnight at Academia Sporting

Day 8	Sat, Apr 18	Training, Free-Time, SuperLiga Match
(7:30-9:00am) Breakfast at Academia Sporting (10:00am-12:00pm) Força! Training at Academia Sporting (1:00-2:00pm) Lunch at Academia Sporting Free-time SuperLiga Match in Lisbon area (out-of-pocket) (via Taxi and Ferry into Lisbon) (TBD) Dinner in Lisbon area (out-of-pocket) Overnight at Academia Sporting		

Day 9	Sun, Apr 19	Departure
(7:30-8:00am) Breakfast at Academia Sporting (8:30am) Transfer to Lisbon (20 minutes) (11:45am) Depart from Lisbon (LIS) (2:55pm) Arrive in Newark (EWR)		

Flight Itinerary

DEPARTURE ITINERARY (April 12)

April 12 – TAP 104 - Depart EWR 06:15pm – Arrive LIS 06:05am (April 13)

RETURN ITINERARY (April 19)

April 19 - TAP 103 - Depart LIS 11:45am – Arrive EWR 02:55pm

Players' Lodging

ACADEMIA SPORTING – Barroca D'Alva, 2890-000, Alcochete, 011-351-21-232-7400

Emergency Contact Information

Joe Mendonca

Mobile in USA 860-961-0500 Mobile in Portugal 011-351-91-911-0189

Tom Mitch

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Explanation of Costs

The price of the trip is for a player's stay at Academia Sporting in Alcochete and transportation between the airport in Lisbon and Alcochete. The price is based on the number of nights that the player is housed at Academia Sporting. All expenses incurred outside of the Academia Sporting campus are the player's responsibility, and will be taken as out-of-pocket expenses.

SuperLiga Match & Other Sightseeing

Transportation to SuperLiga matches and match tickets, as well as costs associated with other sightseeing activities are not included in the cost of the trip. This is an out-of-pocket expense.

Off-Campus Meals

Meals taken outside of the Academia Sporting campus are not included in the cost of the trip. This is an out-of-pocket expense.

Off-Campus Lodging

Lodging take outside of the Academia Sporting campus is not included in the cost of the trip. This is an out-of-pocket expense.

Parent Visitation

In order to preserve privacy and security on the Academia campus, parents and other visitors will be allow on campus only during 2 specified training sessions. All visitors must be pre-registered for visitation. Please provide identification at the security gate.

